

**MIREYA VILAR COMPTE**

EQUIDE Research Institute for Equitable Development  
Universidad Iberoamericana  
[mireya.vilar@ibero.mx](mailto:mireya.vilar@ibero.mx)  
+52 55 59504000 ext. 4170

**EDUCATION**

PhD **New York University, USA**  
Public Policy, 2009

*Dissertation: "A Study of Immigration and Obesity among Recent Mexican Immigrants to the New York City Area"*

Beth Weitzman (chair), James Macinko, and Steve Heeringa

Fields: Public Policy, Health Policy, Quantitative Research Methods, Sampling and Survey

MPhil **New York University, USA**  
Public Administration, 2006

MSc **University of York, UK**  
Development and Public Policy, 1998

BA **Instituto Tecnológico Autónomo de México, Mexico**  
Political Science, 1996

**RESEARCH GRANTS**

**UCMEXUS-CONACYT Collaborative Grant**

Jointly with Arturo Vargas-Bustamante, UCLA, 2016  
Research area: Social isolation, aging and hypertension self-management, Mexican and Mexican-Americans

**PIMSA, Research Grant**, University of California at Berkeley  
Jointly with Arturo Vargas-Bustamante, UCLA, 2016  
Research area: Social isolation and chronic diseases self-efficacy among Mexican and Mexican American older adults

**IIDSES, Research Grant**

UIA, 2015-2016  
Research area: social isolation in urban older adults; how participating in community centers for older adults affects aging; the effect of the built environment in aging.

**FICSAC, Research Grant**

UIA 2014-2016

Research area: pilot intervention on diabetes management in community centers for older adults.

**IIDSES, Research Grant**

UIA, 2014-2015

Research area: determinants of food insecurity among older adults; effect of demogrants in food insecurity among older adults.

**IIDSES, Research Grant**

UIA, 2013-14

Research area: validation of the Latin-American and Caribbean food security scale for urban older adults; Mexico City's older adults health and nutrition survey.

**UCMEXUS-CONACYT Collaborative Grant**

Jointly with Arturo Vargas-Bustamante, UCLA, 2012

Research area: impact of the 2008 financial crisis on food security

**Robert W. Johnson Foundation Pilot Grant, EUA**

Jointly with James Macinko, NYU, 2008

Research area: immigration and obesity

**FELLOWSHIPS, SCHOLARSHIPS AND HONORS**

**National System of Researchers SNI-I**

Member 2015

**Award for the most innovative research**

22nd Canadian Conference of Global Health, 2015

"Leg Length index (LLI) as an indicator of early nutrition on environments. Is LLI associated with overweight and obesity in a sample of Mexican –born adult women who migrated to the U.S.?"

**Consejo Nacional de Ciencia y Tecnología, México-USA**

Doctoral fellowship, 2001-2006

**Fulbright, México-USA**

Doctoral scholarship, 2001-2004

**Wagner Graduate School of Public Service, NYU, EUA**

Doctoral scholarship, 2001-2003

**University of York, UK**

Distinction granted for the master degree, 1998

**Ford Foundation, México-UK**

Master level scholarship, 1996-1997

**Instituto Tecnológico Autónomo de México, México**

Distinction granted for BSc, 1996

Medal “Palacios Macedo” – best GPA, 1996

**RESEARCH AND TEACHING**

**Universidad Iberoamericana, 2012- to date**

Professor and lead public health researcher at EQUIDE, Research Institute for Equitable Development (2015 - to date)

Associate Professor, Health Department (2012 - 2105)

Courses taught: *Public Policy Analysis (master level); Public Health (BA level); Health Economics (BA level); Program Evaluation (master level); Health and Nutrition Policy (BA level).*

Research areas: aging; food security; chronic diseases; social determinants of health; health disparities

Current research:

- Community approaches for chronic disease management among older adults (intervention project)
- Social isolation in older adults and its effects in chronic conditions self-efficacy
- Aging and the built environment in large urban areas
- Is mHealth a feasible strategy to improve pregnancy outcomes among Mexican vulnerable women?
- Nutrition training for health professionals in primary care: Who delivers the best advice? Task shifting implications
- Domestic abuse and depression in older adults (joint project with the National Institute of Geriatrics)
- Urban poverty: measurement and policy challenges linked to health and nutrition.

Current Consultancy Projects

- Evaluation of the training program for early nutrition to health professionals of *Propsera* (former *Oportunidades*)
- What types of state level interventions help mitigate severe food insecurity among older adults in Mexico? A multi-level analysis

**New York University**, Department of Nutrition, Food Studies & Public Health, 2007-2009

Co-investigator

***Pilot Project "Environment, Immigration, and Obesity"***

**Instituto Tecnológico Autónomo de México**, Political Science Department, 2006-2008

Adjunct Professor

*Public Policy (BA level)*

**New York University**, Wagner Graduate School, 2004-2006

Adjunct Professor

*Health Economics (master level)*

Teaching assistant

*Applied Statistics (master level)*

*Epidemiology (master level)*

**New York University**, Center for Health and Public Service Research, 2002-2003

Research Assistant

***National Evaluation Team for the R.W. Johnson Foundation's Urban Health Initiative***

#### **RECENT PUBLICATIONS**

**Vilar-Compte, M.**, Giraldo-Rodríguez, L., Ochoa-Lagunas, A., Gaitan-Rossi, P. (Forthcoming) "Association between depression and elder abuse and the mediation of social support: A cross-sectional study of elder females in Mexico City" *Journal of Aging and Health*.

**Vilar-Compte, M.**, Martínez-Martínez, O., Orta-Alemán, D., Pérez-Escamilla, R. (2016) "Functional limitations, depression, and cash assistance are associated with food insecurity among older urban adults in Mexico City" *Journal of Health Care for the Poor and Underserved*, 27(3), 1537-1554.

**Vilar-Compte, M.**, Sandoval, S., Bernal-Stuart, A., Shimoga, S., Vargas-Bustamante, A. (2015) "The effects of the 2008 financial crisis on the food security status of Mexican households" *Public Health Nutrition*, 18 (16), 2934-2942

**Vilar-Compte, M.**, Bernal-Stuart, A., Orta-Alemán, D., Ochoa-Rivera, T., Pérez-Escamilla, R. (2014) "Is the Latin American and Caribbean Food Security Scale an appropriate instrument for Mexican urban older adults?" *Journal of Frailty*

& Aging, 3 (3), 173-179.

**Vilar-Compte, M.**, Bernal-Stuart, A., Sandoval, S, Pérez-Lizaur, AB. (2014) "The Effect of Mexican Household Food Security Status and Income Distribution on Food Access" Food Studies, volume 3 (2), 31-40.

**Vilar-Compte, M.**, Bernal-Stuart, A., Sandoval, S, Pérez-Lizaur, AB (2014). "México: Un complejo mosaico de problemas de nutrición poblacional" In Pobreza y Desigualdad: un enfoque multidisciplinario. México: Universidad Iberoamericana (ISBN 978-607-417-260-7).

**Vilar-Compte M.** & Ortiz-Blas, L.A. (2013) "Households with Elderly members In Mexico. Can pensions or a demogrant help facing food insecurity?" International Journal of Aging and Society, 2 (4), 1-15.

## PROFESSIONAL EXPERIENCE

### **World Bank**

*STC Human Development*, 2009 - 2011

Health Economics Support to the Mexico Health Team

- Analysis of the Mexican Public Health Insurance (*Seguro Popular*)
- Analysis households' health spending patterns
- Labor market implications of non-contributory social protection programs

### **Coize Consultores**

*Health Sector Consultancy*, 2008

Cost-Benefit Analysis of the program "*Caravanas de la Salud*"

## OTHER TRAINING

### ***Workshop "Reducing Poverty and Inequality: persistent Challenges and New Solutions"***

University of Pennsylvania, Philadelphia, 2013

### ***Institute for Social Research, Summer Program for Sampling and Survey Statisticians***

University of Michigan, Ann Arbor, 2003

### ***Strategic Management of Public Organizations***

University of California, Berkeley, 2000